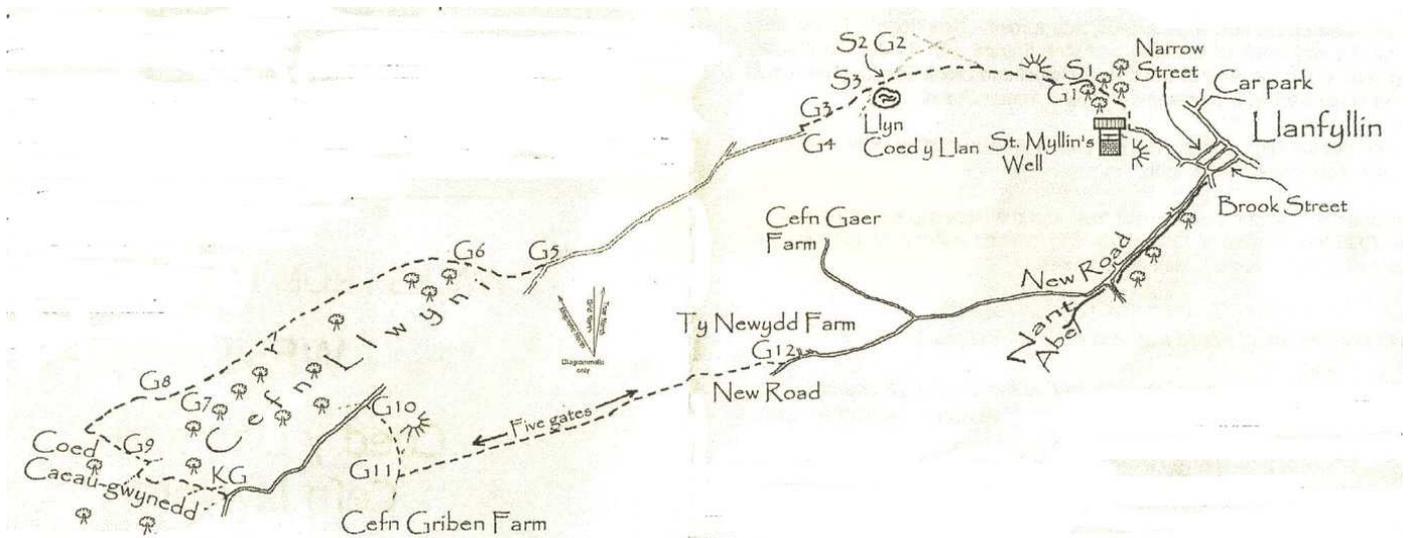


Walks from Llanfyllin

WEST

Coed-y-Llan and Cefn Llwyni

A walk of 4½ miles crossing what was once part of the Town's Common Lands. Fine views of the Cain, Alan and Abel valleys. This walk can be muddy in places. There are stiles to be crossed.



From the town car park in Llanfyllin turn left along the High Street for 100m to the first turn right on the right into Narrow Street. Turn right at the top passing Plas Uchaf, the Ambulance Station and Y Bwthyn, formerly the town's workhouse until 1838.

Further up the lane is the restored St Myllin's Well. A few minutes can be spent here to admire the view over Llanfyllin and read the plaque detailing the local history.

From the well, continue up the hill as the lane changes from a tarmac surface to unsurfaced. The next section can be muddy after rain. The lane is a sunken lane and has overhanging trees. At the top of the hill, the track opens out into a small wood and leads to a gate G1 and stile S1.

In front is Coed y Llan, part of the town's common lands and now part of Fferm Hafod y Coed (Hafod y Coed farm) with views up the valley to the Berwyns in the far distance. To the right in the valley is Afon Cain meandering across Bodfach Park.

The level track soon branches to the right down to the farm buildings but we will take the left fork around the side of the hill. Next we reach a farm gate G2 with a stile S2 on the right leading to a small paddock. This paddock has Llyn Coed y Llan to the left and way-marked stile S3 in front. Cross the stile and follow the waymarked direction across two fields. This brings us to a gate G3 into another small paddock. At the end of the hedge, on the left, is a metal gate G4 onto a tarmac surfaced lane. At the end of the lane veer left up a wider lane.

The lane leads uphill with views of the Nant Alan valley to the right. Approximately 500m up the lane is a waymarked bridleway leading through a field gate G5 on the right. The bridleway crosses a field to another gate G6. Pass through this gate and continue down the track below the woodland with more views of the Nant Alan valley on your right.

Approximately 650m down this bridleway, a track leads away up through the wood to the left. We continue gently downwards below the wood. At the bottom of the slope, there is a waymarked gate G8 (gate G7 has been removed since the map was drawn) where the route dog-legs gently right then left to emerge on a level field with the hedgerow on the left. Follow the line of this hedge for 100m to a gateway in the hedge.

Look up the hill through the gateway where you will see a gate G9 leading into a wood. Pass through this gate into the wood marked as either Cefn Llwyni or Coed Caeau-gwynedd, depending on the OS map you are carrying.

The path in the wood goes uphill for 50m to a track (post, no waymark) and in a few paces join a second well-defined track, this time with a waymark pointing to the right. Go 75m up this track to a "crossroads" in the planted woodland and turn left. Continue up this well-made forestry track. One of the birch trees on the left has a green nest box – No. 50. Continue 25m past the next box and just beyond the next forestry road, a set of steps (waymarked) leads to a pathway through the wood. The path emerges at the top of the hill onto a forestry road that gives access to a lane via a kissing gate KG.

Go left along the lane for approximately 425m until you reach a finger post directing you through a gate G10 to a field on your right. Follow the hedge line on your right along this field. As you cross the ridge, views into the next valley – the Nant Abel valley – begin to appear. When you reach the gate G11 at the far end, turn 90 degrees left and follow the fence/hedge on your right.

The route is now straight, following the fence/hedge on your right and passing through five gates. The section between gates G3 and G4 is a sunken lane, usually wet. Progress is easier on the lip of the lane in the field to the right. After the fifth gate the ground falls more steeply down another sunken lane.

At the bottom of the field, a gate leads onto a road – New Road. Follow this road all the way back to Llanfyllin and Vine Square with its disused Chapel facing you. Go to the right of the former chapel into Brook Street; pass some very old white-washed cottages and a second former chapel.

Turn left into High Street. The car park and your starting point are 225m along High Street on the right.

The altitude at the start is 126m (412 feet) and the highest point of the walk is 268m (935 feet) a total of 160m (523 feet) climbed and descended. A total distance is approximately 7.2km or 4.4 miles.

Please:

- **Keep to the rights of way and marked footpaths**
- **Keep your dog on a lead and do not allow it to foul footpaths or pastures. Take extra care during the lambing season – January to June.**
- **Take care not to damage gates, fences or stiles. Leave all gates as you find them or re-fasten securely those that you have to open.**
- **Respect the environment and help maintain a viable countryside.**
- **Go equipped with adequate footwear: the walks cross open countryside even though close to Llanfyllin.**